

# Ontario Reining Horse Association

# SLIDER

FALL 2012

## PRESIDENT'S MESSAGE

Show season is coming to a close, with just the Grand Finale and Regional Affiliate Finals remaining. We are looking forward to hosting our friends from Quebec and to having guests from N.R.H.A. join us for the event. There will be an indoor warmup pen, so weather should not be an issue, and I will be sponsoring a Saturday evening pizza party for all.

And I am delighted to announce that our application to also host the Regional Affiliate Finals for 2013 and 2014 has been approved by N.R.H.A., so that's fantastic news.

Our year will close with the year-end awards banquet on November 3<sup>rd</sup> and I offer a huge thank you to all our sponsors and auction item donors. I hope to see you all there, it will be a fun night.

As many of you now know, this will be my last awards banquet as the O.R.H.A. President. After four years in the role, I feel it is time to step down and focus on my family and business, and to go back to having fun showing my horses. I would like to thank all who have supported me over the past four years, you made it worthwhile and I wish my successor (still to be determined) the very best.

I hope you have had a wonderful year sliding and I look forward to seeing you at the Grand Finale.

Carol



## REINING CANADA AWARDS

### CONGRATULATIONS TO THE 2012 REGIONAL AFFILIATE WINNERS FOR ONTARIO:

**Open** – Loris Epis on “Resting Whiz”

**Non Pro** – Dan Fletcher on “Wimpys Tinseltown”

**Ltd Non Pro** – Taylor Mariani on “Split Thechic Please”

**Youth 13 & Under** – Sara McKenzie on “Gotta Magnum Dream”

**Youth 14-18** – Samantha Munroe on “Hollywoods Prize”

**Rookie 2** – Anne Salter on “Cactus Berry”



**Publishing & Editing:** Carol Ivey [president@orha.on.ca](mailto:president@orha.on.ca)

**Layout/Design:** Jenny Graham [jenny.graham@rbc.com](mailto:jenny.graham@rbc.com)



OPEN DERBY CHAMPION - Wimpys Best Jac,  
winner of \$5,000 added Open Level 4 and \$2,500 added Open Level 2 at REINERS BY  
THE BAY show, Michigan - owned by Lesley Martin of Stouffville, Ont - ridden by Bill  
Thomas Jr of Saginaw, Michigan.



1. You cannot legislate the poor into prosperity by legislating the wealthy out of prosperity.
2. What one person receives without working for, another person must work for without receiving.
3. The government cannot give to anybody anything that the government does not first take from somebody else.
4. You cannot multiply wealth by dividing it!
5. When half of the people get the idea that they do not have to work because the other half is going to take care of them, and when the other half gets the idea that it does no good to work because somebody else is going to get what they work for, that is the beginning of the end of any nation.





## YEAR END AWARDS BANQUET

NOVEMBER 3, 2012 -HOLIDAY INN GUELPH

Once again it is time to plan for our ORHA Awards Banquet. It will be a fun filled evening starting with cocktails at 5pm, followed by mouth watering dinner selections and our year end awards. After all the excitement, everyone gets to dance the night away. We will once again be having a silent auction and live auction with many great items to choose from. Tickets will be available from Dan or Berenice Fletcher @ 519-443-5700 or email us at [bfletcher125@hotmail.com](mailto:bfletcher125@hotmail.com). If you would like to sponsor a class or have some special auction items to donate please let us know. It has been a great action packed year, and we would love to see you all on Nov 3<sup>rd</sup>.



### MEMBER PROFILE

SARAH O'GRADY, ORHyA Secretary  
by Gina Coburn-Steele

Sarah O'Grady has been in the saddle from the ripe ole age of six. Her love of riding started with Western Pleasure and eventually evolved into a passion for the precision of Reining. Her first ride on a reiner was at 11 when her coach let her take one for a spin. Pun intended! To Sarah, the ORHA equals family. The support and team work are something she covets in all areas of her life.

Sarah has big goals and she has already set the bar high. She ran her first 70 in 2010 and won the ORHA Youth category the same year. As any great competitor does, Sarah loves the thrill of success but knows that there will always be bad days too. When her horse spooked at something during her run at the Congress he lost his concentration and it fell apart. A disappointment to be sure, but an experience that will leave her better prepared for next time.

Sarah's first reining horse "Austin" taught her to be a better rider. She has been coached by Maurice and Shelley Price and credits them with getting her this far. In 2012 she is coached by Harvey Stevens and hopes that his skills will give her the extra she needs to get to the next level.

Sarah says "Never be afraid to ask the pros for help and always set goals." Great advice from a great competitor. Oh yeah....and load up on pre-show coffee. The early morning workouts are tough!

Well on her way to achieving her reining goals, this determined and hard working girl stays focussed on her pattern to control the jitters and is looking to bring it home on her new horse "Mamas Gotta Juice Box."

For Sarah, horses are a big part of her life, but a well rounded life is so important and when she's not with her equine friends, she hangs out with her friends and entertains them with her skills on guitar. Maybe she will play for us someday....





**Winner of the 2012 Sired Stakes Open**

“Guns Sparkle Plenty”, ridden by Tim Stanton and owned by Elizabeth Barkey-Doyle

**HORSE FEED**

Courtesy of Nutrena:

As researchers and feed companies alike continue to make progress in understanding nutrition, more and more once-commonly held beliefs about horse feed are becoming obsolete. Here are five common misconceptions about horse nutrition and what it means for you.

- **MYTH #1 : Horses don't need 'grain'**
  - Most horse owners judge the effectiveness of their feeding program based on the weight of their horse(s). Given good quality pasture or hay, the majority of idle horses will appear to do just fine without additional supplementation. Though this is a good foundation to start from, it is important to consider other health factors influenced by nutrition, such as hoof quality, muscle development, maintenance, performance and bone integrity.
  - Providing your horse a feed that delivers the appropriate levels of [amino acids](#), vitamins and minerals is the foundation for good nutritional health. Most forages are either deficient or counterbalanced in many of these important micronutrients and offering a commercially balanced feed that is compatible will provide your horse what he needs to meet his minimum requirements. A [ration balancer](#) provides this type of nutritional supplementation without adding calories.
- **MYTH #2 : All pelleted feeds contain floor sweepings**
  - In the early days of pelleted horse feeds, this was probably based in reality more times than not. Today however, it is not a common practice. A reputable feed manufacturer will have stringent quality control programs in place such as HACCP (Hazardous Awareness and Critical Control Points) that prohibit the use of any material that is not an approved ingredient.

- In addition, the traceability of ingredients used in feeds is increasing in importance as the ingredient supply is stretched between feed, food and fuel. Increased traceability means less chance of non-approved ingredients being included in pellets. The bottom line: good quality control practices in the industry means quality ingredients and products you can trust.
- Finally, using poor quality ingredients is just bad business. Think about it this way: if a feed company manufactured a poor quality feed that animals did poorly on, than owners would stop purchasing it. It is in the best interest of everyone involved to make quality feed from the start.
- **MYTH #3: Ingredient by-products are fillers**
  - By-products such as wheat midds, soy hulls and corn germ meal are derived from the milling or processing of grains generally for food production. For example, wheat midds are the husks remaining from flour milling, soy hulls are the husks of soybeans derived in the crush process for soy oil and beet pulp is a by-product of the sugar extraction process from sugar beets. All of these by-products contain valuable nutrients that are readily available for digestion.
  - Because they are involved in the processing of ingredients for food, there is also quite a bit of variation in the levels of nutrients from differing suppliers or between loads. A reputable feed company will test in-bound ingredients to ensure they contain quality nutrient levels, and then formulate their use based on what they provide. Ask your feed manufacturer how they monitor and control the quality of ingredients coming into their feed mill.
- **MYTH #4: Corn is bad for horses**
  - Feeding corn to horses does come with inherent risks. First of all, certain strains of molds commonly found growing on corn create toxins called aflatoxins. It is important that any feed maker test in-bound loads of corn to detect and reject loads based on the level of these toxins present.
  - Whole corn contains somewhere around 65% starch which, if consumed in large quantities, could overwhelm the digestive tract of the horse. Corn is however, an energy-dense ingredient, making it a highly available and desirable ingredient to provide energy in a feed ration.
  - When fed alone, corn, like any other single grain is not nutritionally balanced to meet a horse's needs. However, when provided as an ingredient in an overall balanced feed, it makes an excellent part of the makeup of the whole feed. When sourced, tested, processed and managed correctly, corn can bring many benefits to horse nutrition.
- **MYTH #5: Protein makes horses 'hot'**
  - We as horse owners have been programed to seek out a feed which provides a protein percentage that we believe our horses need, based on something someone somewhere told us. Maybe it was mom. Maybe it's what worked for grandpa's horses. Whatever the source, you may be surprised to hear that protein does NOT make horses 'hot'. In fact, horses don't even need protein....rather, their nutritional requirements are for the amino acids called Lysine, Methionine and Threonine. These are the building blocks of protein.
  - Protein is the least efficient energy source for horses, as compared to fiber, Non-Structural Carbohydrates (NSC) and fats. The metabolic pathways which convert protein into energy actually burns a lot of energy to convert (as compared to fiber for example), creates waste and is particularly hard on the kidneys when fed above requirements. Ammonia production is an output of excess protein digestion; for a stable full of horses, this can have a huge impact.
  - As you consider protein in your horse's diet, be sure to check that the feed provides guaranteed levels of Lysine, Methionine and Threonine. This way, you know your horse will be meeting his nutritional requirement.

The study of nutrition has come a long way in the last 20 years and will continue to evolve thanks to investments in research and development. Who knows what myths we'll debunk in 20 years.....?



## 9 of the best Caddy remarks of all time

Golfer: "Think I'm going to drown myself in the lake."

Caddie: "Think you can keep your head down that long?"

Golfer: "I'd move heaven and earth to break 100 on this course."

Caddie: "Try heaven, you've already moved most of the earth."

Golfer: "Do you think my game is improving?"

Caddie: "Yes, you miss the ball much closer now."

Golfer: "Do you think I can get there with a 5 iron?"

Caddie: "Eventually."

Golfer: "You've got to be the worst caddy in the world."

Caddie: "I don't think so, that would be too much of a coincidence."

Golfer: "Please stop checking your watch all the time. It's too much of a distraction."

Caddie: "It's not a watch – it's a compass."

Golfer: "How do you like my game?"

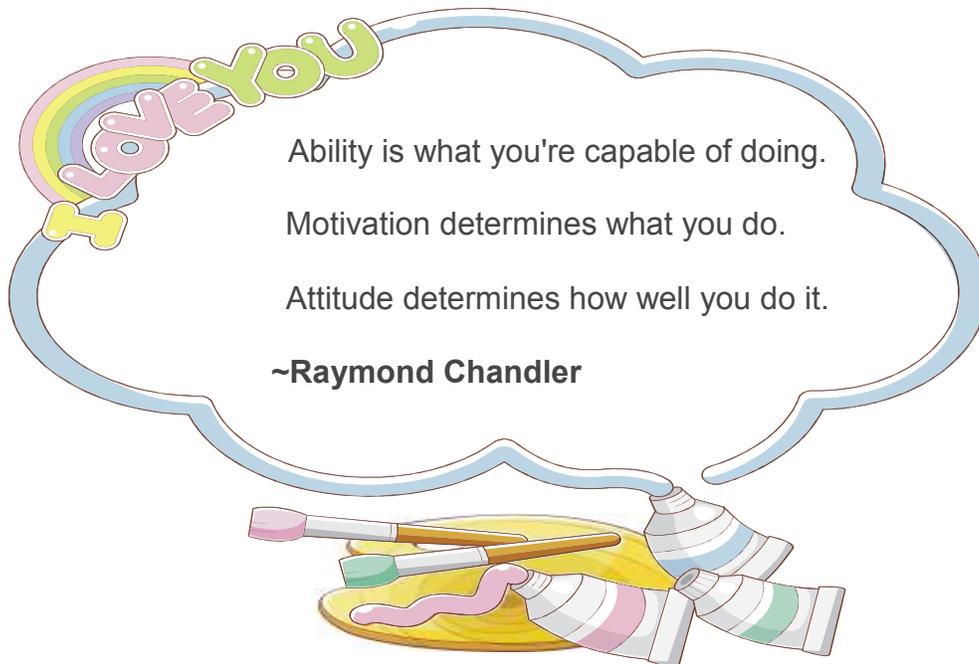
Caddie: "Very good, but personally, I prefer golf."

Golfer: "Do you think it's a sin to play on Sunday?"

Caddie: "The way you play, it's a sin on any day."

Golfer: "This is the worst course I've ever played on."

Caddie: "This isn't the golf course. We left that an hour ago."



## **FIRE SAFETY AND PREVENTION**

- Smoking should NEVER be permitted in or near barns, or storage buildings;
- Flammable and combustible materials should be stored in proper containers, and in a separate storage building from the stabling area whenever possible;
- Any electrical equipment used should be Canadian Standards Association (CSA) approved and designed for use in a barn environment, including heaters and fans.
- Power bars and extension cords should not be used;
- Cages or protectors should be installed around all lighting;
- Keep the barn clear of clutter and sweep loose hay, cobwebs and shavings where fires can start and spread;
- Ensure wire is installed according to the applicable Electrical Codes and protect wiring with conduit from rodents;
- Store the minimum amount of hay you require for daily use, and try to store the balance in a separate storage building;
- Store shavings, hay and straw separately;
- Keep the area around your barn clear of brush;
- Invest in a good lightning rod;
- Barns should be equipped with regularly checked and maintained Fire Extinguishers.



Proud sponsor of the Grand Finale

## What Trainers say

## What they mean

I think you have potential.

Somewhere else. Not in this sport. EVER.

This horse is a little bit green for you.

You are going to need private lessons for the next fifty years.

Don't worry about that combination at the end of the course.

...you'll have used up all your refusals long before you get there.

Be sure to use a lot of leg on him in the first line.

Because when he gets an eyeful of that second fence, you're screwed.

That wasn't too bad for your first round.

Unless the next six riders fall off, don't hang around for the jog.

You'll be fine.

Clean up on aisle six.

Your horse really took care of you.

You should be dead.

Don't worry, it'll go better tomorrow.

You couldn't possibly ride any worse than you did today.

Just relax and have fun.

That's the best you can hope to achieve.

I think your horse will be very useful.

I hope I like him. Cuz I sure won't be able to sell him.

Remember what we worked on at home.

Try not to ride like you usually do.

I might need to school him a bit.

It's going to take me three months to undo what you just did.

That was a really challenging course.

I hope nobody saw that.

Let's try it again later.

I give up.

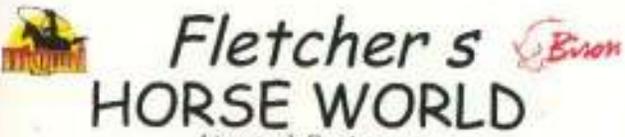
I need a drink.

I need a drink.

## THANK YOU REINING CANADA

Reining Canada has donated \$1,000 to the ORHA toward the cost of hosting this year's Regional Affiliate Finals, a very generous and most welcome grant.

**This Newsletter Brought to you by  
these Generous Sponsors**



**Fletcher's HORSE WORLD**  
Livestock Equipment  
EQUINE SHOW FACILITY  
TRAILER SALES

**TARTER**

2173 Cockshutt Rd. Waterford, ON  
519-443-7333

**John & Sharon**  
johnfletcher@kwic.com

[www.fletchershorseworld.com](http://www.fletchershorseworld.com)



**RUSTIC MEADOWS**

"Reiners for the Future"  
Western & Sidesaddle Riding Lessons

Joannie Milton  
519-855-8885  
[www.rusticmeadows.com](http://www.rusticmeadows.com)

#5712 Cty. Rd 24, RR #2  
Hillsburgh, Ont.  
Canada N0B 1Z0

**Y Not Farms & Equestrian Centre**  
137079 Grey Road 12 Meaford, Ontario





Riding Lessons ages 8 and up. Private & Semi-Private  
English & Western Disciplines.  
Jumping - Reining - Equitation. Camps Available  
**Contact: Gillian 519-538-0510 [www.ynotfarms.ca](http://www.ynotfarms.ca)**

**Foundation Reining Training Centre**  
Specializing in Natural Horsemanship &  
Body Control Foundation/Western Dressage  
Body control/western dressage, reining training,  
colt starting, lessons, coaching,  
tune ups, 'train the trainer' teachings  
"Putting my spin on things!"

**Susan Dahl**  
**Certified Professional Horse Trainer**  
[reinersue@hotmail.com](mailto:reinersue@hotmail.com) Durham 519-369-6767  
[www.reinersuehorsemanship.com](http://www.reinersuehorsemanship.com)



**G & K Training Centre**  
Professional Horse Training Facility Registered Quarter Horses

**Gary & Kerri Marsolais**  
156689 Concession 7  
R. R. #3  
Chatsworth, ON N0H 1G0  
519-794-4715  
[gktrainingcentre@hotmail.com](mailto:gktrainingcentre@hotmail.com)  
[www.gktrainingcentre.com](http://www.gktrainingcentre.com)

